



### COMPLETED CHECKLIST

Your fertility care plan checklist must be completed before you can begin a cycle. Female patients are now required to show evidence of immunity to Measles as part of the checklist. If immunity is not shown via a blood test, you must receive the vaccination from your primary care provider and provide us with proof of vaccination. Intrauterine insemination cannot occur until one month after vaccination to prevent exposure risk to a developing fetus. If applicable, your partner must also have all checklist bloodwork completed and genetic screening as required.

### ELECTRONIC PRESCRIPTIONS

Prescriptions in New York State are required to be submitted electronically. Provide your MD's office with the name, phone number & address of your preferred pharmacy so that information is entered into our database. Verify your pharmacy requirements before starting a cycle as your carrier may mandate that medication be obtained by a specialty pharmacy located out of state. This will take time.

### SPERM SPECIMEN

Are you using fresh sperm, frozen sperm or frozen donor sperm? If you are using a fresh sperm specimen from your male partner for the insemination, you will be given instructions on that process. If you are using frozen donor sperm or your male partner is freezing his sperm due to medical reasons, travel or convenience, advise your 2 0 612 79 -8( )1h8(d)-8(u)10s the provider and8(r)7( )17(d)-8(a)13(t)-4(a)13(b)-8(a)-8(s)22(e)]TJE



Prior to ovulation, you will be instructed on the timing of intercourse with your partner and/or scheduled to come in for an IUI procedure. For an IUI procedure, a “washed” sperm sample is placed directly into the uterus, increasing the number of sperm in the reproductive tract and fallopian tubes where fertilization usually occurs. It is especially helpful for male factor infertility issues, including low semen volume, low sperm concentration, or decreased sperm motility. It is also used in women with cervical mucus problems.

If you have a male partner providing a fresh semen specimen, he will need to come to the office on the day of your IUI. (Also be sure instructions are followed).

Appointments for me will need to be made.